



Using Animals to Enhance Therapeutic Outcomes



The Departments of Occupational Therapy and Physical Therapy at the University of Alabama at Birmingham are teaming up with Hand in Paw to offer an exciting new continuing education opportunity. This course is designed for occupational and physical therapists, Hand in Paw volunteers, and others with an interest in AAT.



Where: UAB PT/OT Lab
(SHP Rm. 236-242)
When: Friday, July 29, 2011
Time: 9:00 a.m. - 3:00 p.m.
(Lunch will be provided)
Cost: \$15 or \$10 if you sign up by
July 8th



Presenters will include: Jan Rowe, Dr. OT, MPH, OTR/L, FAOTA; Claire Peel, PT, PhD, FAPTA; Brooke Pendleton, OTS; Kristen Ragland, OTS; Liz Wilson, Hand in Paw.

Course description:

This course will enhance your practice and enable you to help your clients meet their goals through Animal Assisted Therapy (AAT). We will present examples of goal-directed interventions using animals in geriatric, pediatric, mental health and rehabilitation settings. We will explore current research on the effectiveness of AAT in a variety of populations. Therapists will have the opportunity to work with trained handlers and their pets to design interventions.

At the conclusion of the course, participants will be able to:

- Define AAT and provide examples of applications in a variety of practice settings.
- Describe current research supporting the effectiveness of AAT.
- Identify appropriate and inappropriate clients for participation in AAT.
- Generate ideas of how AAT can be used to meet specific client goals.
- Incorporate animals in OT/PT interventions.

An application has been submitted to award 0.5 Continuing Education Units.

For more information, contact Kristen Ragland at kristenr@uab.edu or call (205)322-5144.

