

- **Course or Event Title:** 2018 Fall Conference
- **Date(s):** Friday, September 21 through Sunday, September 23, 2018
- **Location:** The Hampton Inn at Orange Beach, Alabama
- **CE Provider Information:** the Alabama Occupational Therapy Association has been an AOTA Approved Provider of Continuing Education (provider#7134) since 2010.
- **Target Audience:** occupational therapy practitioners and students
- **Total Available CEU/Contact Hours for the Course or Event:** 1.1 CEUs, or 11 contact hours awarded for attendance to all event offerings (including posters). See below for complete course or event details.
- **Course or Event Completion Requirements:** an electronic certificate of completion will be provided for attendees who submit evidence of attendance (form provided with conference materials). Paper certificates are available upon request.
- **Cancellation Policies:** Full refunds, minus any applicable electronic transaction fees, will be honored for all requests received 48 hours in advance of the start date of the course or event. A credit for future course offerings will be offered in lieu of a refund for requests submitted less than 48 hours, but in advance of the start time of the course or event. Requests made after the start of the conference will not be refunded or credited. Cancellations or no-shows without notification will not be refunded or credited. All requests must be submitted in writing to membership@alota.org.
- **Special Needs Request:** ALOTA does everything possible to ensure an instructional environment that enhances the learning process, including attempts to create a fully accessible educational environment from which all learners can benefit. If you anticipate any special needs as part of the course or event, please contact membership@alota.org with your request. Requests must be made with a reasonable amount of sufficient notice in order to have accommodations put in place.

Title: Pre-Discharge Home Assessment Visits with Clients with Stroke and Their Caregivers: Translating Research into Clinical Practice – a Pilot Program in Post-Acute Rehab

Description: This course will showcase a quality improvement initiative focused on clients with stroke and their caregivers that translated evidence based research into occupational therapy best practice interventions to empower client and caregiver perceptions of discharge preparation and readiness prior to discharging from an inpatient rehab facility (IRF). The project received IRB approval in July 2018 through Chatham University.

Speakers: Becky Piazza, MS, OTR/L, BCPR

Educational Level: Intermediate

Learning Objectives:

- Summarize the literature that speaks to the effectiveness of discharge readiness and success when a home evaluation is part of post-acute rehab treatment plan for clients after stroke.
- Discuss IRF planning and quality improvement project implementation to ensure consistent interdisciplinary best practice to support successful discharges and positive outcomes with clients after stroke
- Identify home evaluation assessments and how one inpatient rehab facility translated the literature into an inpatient rehab specific occupational therapy led pre-discharge home assessment visit best practices
- Review outcome measures associated with pre and post pre-discharge home visit assessment surveys to capture client and caregiver perceptions of occupational therapy interventions
- Discuss motivational interviewing and outcomes associated with the use of the COPM with clients and caregivers as a part of occupational therapy interventions for discharge planning
- Provide education on aligning hospital policy, CARF standards, and documentation in the EMR
- Discuss coordination of billing behaviors across disciplines to accurately reflect skilled services being delivered (CDM).

AOTA Classification Code: 1, 2, 3

CEU/Contact Hour: .1 CEU or 1 contact hour
Title: Research Symposium: Building Evidence for Occupational Therapy Practice
Description: This research symposium will provide a brief summary of current research from faculty at the University of South Alabama. The topics will vary by faculty expertise but will include the research process of their individual study. This symposium will provide participants with information about research studies that have been conducted with students at the University of South Alabama in order to educate other practitioners about the process of conducting evidence-based research and motivate other practitioners to seek out opportunities to perform research studies in the profession of occupational therapy.
Speakers: Tracy O'Connor, Donna Wooster, Candra Taylor, Tara Thompson, Renee Hall
Educational Level: Intermediate
Learning Objectives: <ul style="list-style-type: none"> • Participants will describe the research studies that are being performed in the occupational therapy profession. • Participants will explain the process for conducting evidence-based research. • Participants will identify the importance of evidence-based research for the occupational therapy profession.
AOTA Classification Code: 2, 3
CEU/Contact Hour: .1 CEU or 1 contact hour
Title: Elsie McKibben Lecture: Dinosaur or Phoenix? The Transition of Occupational Therapy In Mental Health



Description: The focus of this presentation will be on the history and transition of the role of Occupational Therapy in Mental Health. The profession of Occupational Therapy was strongly rooted in mental health, however over the past thirty years there has been a major decline of Occupational Therapist working in mental health. We will explore factors that contributed to this decline, and also discuss the challenges that we have getting Occupational Therapist back as key stakeholders in mental health settings. Current practice and interventions will be identified, as well as how all Occupational Therapist have the responsibility and the skills to address the psychosocial needs of their clients, regardless of their work setting.

Speakers: Melissa Bearden

Educational Level: Introductory

Learning Objectives:

- Describe the historical role of Occupational Therapy in Mental Health
- Identify factors that has jeopardized Occupational Therapist's role in Mental Health
- Discuss current role of Occupational Therapy in Mental Health

AOTA Classification Code: 3

CEU/Contact Hour: .1 CEU or 1 contact hour

Title: Transformational and Visionary Leadership in Occupational Therapy

Description: Visionary leadership strives to proactively optimize the out-comes of our occupational therapy programs and services. A vision represents an ideal future state and guides organizations toward a higher standard of excellence (Covey, 1991). There is a clear difference between leadership and management, but both are critical to activate a vision. Transformational leader-ship focuses on helping every member of the team succeed in achieving the vision. A vision must be bold but also realistic, achievable, and measurable. The vision must then be commu-nicated through multiple stakeholder groups, using a variety of tailored approaches to each audience. Clear goals and objec-tives must be enacted to implement the vision, and leaders and frontline staff must remain laser focused and accountable in order to sustain the vision for the long haul. Managing resistance to change requires courage, frequent communica-tion, and the full engagement of the team to be a part of the change process.

Speakers: Shawn Phipps, PhD, MS, OTR/L, FAOTA

Educational Level: Introductory

Learning Objectives:

- 1. Understand the key differences between leadership and management
- 2. Recognize the traits of transformational and visionary leaders
- 3. Identify strategies for successfully developing, communicat-ing, implementing, and sustaining a vision
- 4. Identify strategies for motivation and managing resistance to organizational change in pursuit of a vision

AOTA Classification Code: 1

CEU/Contact Hour: .1 CEU or 1 contact hour

Title: Addiction Panel: Disease vs. Choice and the Role of Occupational Therapy

Description: As an occupational therapist you will come in contact with individuals that are struggling with opiate addiction. To be most effective with your patients you will need to have knowledge of the medications and treatments that are available. This course will help you understand occupational therapy's

important role to play in treating patients with opiate addictions and helping patients find other ways to cope with pain other than pharmaceuticals.

The chronic use of illicit drugs can immensely impact a person’s ability to productively engage in daily occupations. Drugs disrupt the normal process of chemical production in the brain altering the neurotransmitter communication between neuron receptors and transporters. The chemical imbalance created by drug use can potentially have a negative impact on a person’s ability to concentrate, make decisions, and impair judgment. Drug use has the potential to alter mood, influence behaviors, increase health complications and much more. According to an article by Gateway Foundations (2015), “more than 7 million people suffer with substance use disorders, and one in four deaths can be attributed to alcohol, tobacco, and illicit or prescription drug abuse”. Occupational Therapist are an imperative part of the multidisciplinary treatment team for persons with a diagnosis of substance use disorders. The role of the OT includes use of a variety of occupational task to impact self-awareness and restore harmony in areas of work, rest, and play.

Speakers: Sherita Lumpkin, OTR/L; Imogene Tilson, MA, OTR/L

Educational Level: Intermediate

Learning Objectives:

- Define (2) characteristics of addiction and explain how it is a disease of the brain.
- Describe Occupational Therapy’s Role and Impact with persons with Substance Use Disorders.
- Identify the Stages of Change in the addiction cycle and two OT interventions and approaches.
- Identify medications used in Medication Assisted Treatment (MAT); discuss how medication is used to assist in treatment for promotion of sober living, recovery, and reintegration into the community.
- Identify resources to assist in developing treatment plans for patients.

AOTA Classification Code: 1, 2, 3

CEU/Contact Hour: .1 CEU or 1 contact hour

Title: Delivering Acute Care Occupational Therapy Services in a Level One Trauma Center

Description: Acute care occupational therapists in a level one trauma center come across a wide variety of diagnoses. There are several areas in the hospital that OTs receive consults: hospitalist/general medicine, general surgery, neuro, trauma & burn, cardiopulmonary, oncology, and palliative care. Four case studies will be discussed to learn more about the acute care occupational therapy process within the hospital setting. These case studies will also demonstrate barriers therapists come across, the psychological impact on patients in this setting, and intervention strategies used.

Speakers: Allison Riley, MS, OTR/L; Alex Pospy, MS, OTR/L; Erin Killen, MS, OTR/L; Shea Zablan, MS, OTR/L

Educational Level: Introductory

Learning Objectives:

- To broaden perspectives of occupational therapy in an acute care setting
- To describe the OT process in acute care (evaluation, treatments, re-evaluations, discharge, etc.) through 4 specific case studies
- To demonstrate different intervention approaches and creativity involved in providing quality patient care in a hospital setting
- To reveal psychological effects on occupational performance

AOTA Classification Code: 1, 2, 3

CEU/Contact Hour: .1 CEU or 1 contact hour

Title: Are We Empowering Independence in Our Patients with Chronic Disease

Description:

Speakers: Laura Smith

Educational Level: Introductory

Learning Objectives:

- Understand OT's unique way of evaluating and treating chronic disease
- Recognize 3 ways OT can help empower self-management in patients with chronic disease
- Identify 2-3 goals/treatment strategies for your patients with chronic disease

AOTA Classification Code: 1, 2, 3

CEU/Contact Hour:
Title: Health and Wellness Community Reintegration after a Life Altering Injury
Description: This presentation will chronicle the process undertaken by UAB occupational therapy students and professors in collaboration with Spain Rehabilitation Center’s Outpatient Therapy department from the early planning stages to the implementation of a Health and Wellness Community Reintegration program. In summarizing this three-semester-long process, the presenters will detail the successes and challenges encountered along the way. In addition, this presentation will describe how and why community based occupational therapy can enhance occupational participation for individuals with and without barriers to receiving therapy services, key takeaways, and how similar programs can be implemented following this model.
Speakers: Emma Ashton, Catie Etko, Veronica Juan, Nolan Vinson
Educational Level: introductory
Learning Objectives: <ul style="list-style-type: none"> • Identify how occupational therapy plays an integral role in community reintegration for populations with life altering injuries. • Identify strategies to enhance occupational performance for clients seeking support in reintegrating back into their community. • Advocate for the client’s betterment despite gaps in insurance coverage by utilizing resources outside the confines of traditional therapy. • Gain knowledge and tools to implement similar community-based models in their own practice area.
AOTA Classification Code: 1, 2, 3
CEU/Contact Hour: .1 CEU or 1 contact hour
Title: Incorporating Occupation into Practice

<p>Description: To bridge the concept of “occupation” from the textbook to workplace. To highlight the unique skills OT’s possess that make us ideal FCE providers.</p>
<p>Speakers: Dave Bledsoe</p>
<p>Educational Level: Introductory</p>
<p>Learning Objectives:</p> <ul style="list-style-type: none"> To recognize what “occupation” means in the world of FCE (and OT assessment). To examine evaluations that recognize and value the OT concept of occupation; and to also study those which appear to ignore the concept altogether. We will reinforce the value and contribution of OT’s in the world of industrial rehabilitation.
<p>AOTA Classification Code: 1, 3</p>
<p>CEU/Contact Hour: .1 CEU or 1 contact hour</p>
<p>Title: Advocacy for the Geriatric Patient</p>
<p>Description: Changes in the healthcare system are daunting for all of us. We are forced to move through the process faster and sometimes with less information. Searching online can be overwhelming for all of us and especially for patients who are less knowledgeable regarding medical terms.</p> <p>Often our geriatric patients are left behind when they are treated just as a younger patient, given inappropriate medications and not properly educated. We as OTs have an obligation to advocate for our patients and educate them on their unique needs.</p>
<p>Speakers: Libby Rogers, OT/L</p>
<p>Educational Level: Introductory</p>
<p>Learning Objectives: The learner will have improved understanding of, and be able to discuss, the following:</p> <ul style="list-style-type: none"> Preconceived notions of the elderly and the atypical presentation of illness Medication awareness Transition of care Geriatric Scholar program/UAB initiatives

<ul style="list-style-type: none"> The role of OT
AOTA Classification Code: 1, 2, 3
CEU/Contact Hour: .1 CEU or 1 contact hour
Title: Occupational Therapy Assessments in an Acute Mental Health Setting
Description: A scoping project for assessment tools that are helpful for occupational therapy practitioners in an acute care mental health setting with an upcoming pilot study by occupational therapy students to test the efficiency of the tools.
Speakers Valley McCurry, MBA, OTR/L, Mary Novak, Latasha Nunn, Meredith Perez, Hayley Rabbit, Joshua Rocha and Christina Rodriguez
Educational Level: Introductory
Learning Objectives: <ul style="list-style-type: none"> Objective 1: Identify assessment tools that can be utilized by occupational therapy practitioners in an acute mental health setting Objective 2: Describe characteristics of assessment tools that fit the unique needs of the acute mental health setting
AOTA Classification Code: 2, 3
CEU/Contact Hour: .01 CEU or .10 contact hour
Title: Injury prevention for computer workers through ergonomic education: A descriptive study
Description: An ergonomic intervention increased computer workers' knowledge of ergonomics, and improved their work station, thereby reducing risk for injury. Occupational therapy's ability to implement ergonomic training programs for computer workers is an effective way to improve worker safety
Speakers: Dr. Jessica Maxwell Dr. Dana M. Howell and Dr. Renee Causey-Upton
Educational Level: Introductory

Learning Objectives:

- Objective 1: Understand how an OT may use standardized tools to assess computer workers' risk for injury, work space, and working conditions.
- Objective 2: Describe how an OT in-service about ergonomics and healthy practices to prevent injury, and individual modification to computer workers' work space, can improve risk of injury

AOTA Classification Code: 2, 3

CEU/Contact Hour: .01 CEU or .10 contact hour

Title: The Functionality and Confidence a Client receives when utilizing the MCPThumb: A single case study

Description: There are a limited number of body-powered prosthetics on the market for partial thumb amputates. The loss of thumb function affects operations such as handling small objects, and grip strength gained from opposition. The MCPThumb is a body-powered thumb prosthetic that allows individuals with a partial thumb amputation to regain function and confidence during everyday task. At the time of this study, only one person in the US had received the MCP Thumb device. Results from this study indicated that the participant performed to a higher functional level while utilizing the MCPThumb.

Speakers: Susan Denham EdD, OTR/L, CHT

Educational Level: Introductory

Learning Objectives:

- Objective 1: Explain the impact of thumb amputations on functionality of clients.
- Objective 2: List the different types of prosthetics currently available for thumb amputation patients.
- Objective 3: Understand the functional benefits of the MCPThumb.
- Objective 4: When is it appropriate to apply for the biomechanical thumb

AOTA Classification Code: 2, 3

CEU/Contact Hour: .01 CEU or .10 contact hour

Title: Fieldwork Educators’ Perspectives on Fieldwork Education
Description: The purpose of this study was to gain fieldwork educators’ perspectives on different aspects of fieldwork education, including: challenges, expectations, and recommendations for Level II fieldwork supervision. An online survey, consisting of 35 questions was distributed via email to fieldwork supervisors who have supervised at least one fieldwork student within the past three years. Most participants expected students to take 10 minutes or less to complete a SOAP note at 3,6, 9, and 12 weeks. For evaluations, majority of supervisors expected students to take an hour or less for the first 6 weeks, and 30 minutes or less at 9 and 12 weeks. The most commonly reported reason students have difficulty grading activities was due to the missing of observational cues as indicators to change or grade the activity. Interpretation of this data provides useful information for this profession, notably academic programs, so that they can best prepare their students to be successful during fieldwork placements
Speakers: Emily Russell
Educational Level: Introductory
Learning Objectives: <ul style="list-style-type: none"> • Objective 1: To identify the level that students are expected to perform at 3, 6, 9, and 12 weeks when completing a SOAP note. • Objective 2: To identify the level that students are expected to perform at 3, 6, 9, and 12 weeks when completing an evaluation. • Objective 3: To identify common contributors to difficulty with grading activities in a level II fieldwork placement.
AOTA Classification Code: 1
CEU/Contact Hour: .01 CEU or .10 contact hour
Title: Improving Accessibility and Safety at The Red Barn
Description:

Speakers: Alexis Kruse; Marly McQuaig; Brooklyn Tucker; Savanna Winslett; Chris Eidson, MS, OTR/L; Sarah Tucker, MS, OTR/L
Educational Level: Introductory
Learning Objectives: <ul style="list-style-type: none"> • Objective 1: Describe the mission and vision of the Red Barn • Objective 2: Identify client populations served by the Red Barn • Objective 3: Discuss accessibility challenges associated with the physical environment at the Red Barn, relative to the services they provide • Objective 4: Discuss the effectiveness of a variety of accessibility interventions for the Red Barn
AOTA Classification Code: 1, 2, 3
CEU/Contact Hour: .01 CEU or .10 contact hour
Title: Addressing Occupational Deprivation at Safe Haven
Description:
Speakers: Hillary Floyd; Adam Hardy; Meredith McDonald; Alysse Miller; Chandler Rice; Chris Eidson, MS, OTR/L; Sarah Tucker, MS, OTR/L
Educational Level: Introductory
Learning Objectives: <ul style="list-style-type: none"> • Objective 1: Identify client populations served by Safe Haven • Objective 2: Discuss challenges associated with occupational deprivation for the clientele served by Safe Haven • Objective 3; Discuss the effectiveness of a social participation and leisure activity interventions i as a means to address occupational deprivation
AOTA Classification Code: 1, 2, 3
CEU/Contact Hour: .01 CEU or .10 contact hour